Ranua Resort
WILD ARCTIC RESTAURANT

LUNCH

2.11.2026.-28.3.2027

Weeks 45, 48, 51 /2026 & 1, 4, 7, 10 /2027

MONDAY
Potato-blackroot soup (V,G)
Meatballs with brown sauce (L,G)
Mashed potatoes (V,G)
Salmon casserole (L,G)
Vegetable lasagna (V)

TUESDAY
White asparagus soup (V,G)
Minced beef patty (L,G) + roasted onion
Vegetable patty (V)
Creamy potatoes (V,G)
Carrots and Brussels sprouts (V,G)

WEDNESDAY
Fish soup (L,G)
Chicken with sweet chili sauce (L,G)
Falafel (V)
Roasted root veggies (V,G)
Rice (V)

THURSDAY
Creamy tomato soup (V,G)
Slow-braised pork neck (L,G)
Mushroom sauce (L,G)
Pea-beetroot patty (V)
Couscous (V)

FRIDAY
Sweet potato soup (G)
Butter Chicken (L,G)
Feta cheese-vegetable casserole (L,G)
Ratatouille (V,G)
Fried rice (L,G)

SATURDAY
Borsch soup (V,G)
Salmon patties (L,G)
& cold sour cream sauce (L,G)
Game roast (L,G)
Roasted root veggies (V,G)
Mashed potatoes (V,G)

SUNDAY
Leek-potato soup (V,G)
Stroganoff (L,G)
Vegetable balls (V,G)
Oven-roasted carrots (V,G)
Mashed potatoes (V,G)

V=vegan
L=lactose-free
G=gluten-free

Ranua Resort
WILD ARCTIC RESTAURANT

LUNCH

2.11.2026.-28.3.2027

Weeks 46, 49, 52 /2026 & 2, 5, 8, 11 /2027

MONDAY
Soft pureed cauliflower soup (V,G)
Meatballs + brown sauce (L,G)
Tofu-spinach casserole (V)
Oven-roasted root vegetgables (V,G)
Mashed potatoes (V,G)

TUESDAY
Creamy tomato soup (V,G)
Mediterranean style oven-baked white fish (L,G)
Sweet potato-root vegetable patties (V,G)
Mashed potatoes (L,G)

WEDNESDAY
Salmon soup (L,G)
Chili con carne (L,G)
Seitan (V)
Roasted cauliflower (V,G)
Rice (V,G)

THURSDAY
Vegetable soup (V,G)
Mince meat lasagna (L,G)
Tuna fish casserole (L,G)
House stew with tofu (V)
Ratatouille (V,G)

FRIDAY
Broccoli soup (V,G)
Chicken Kiev (L)
Vegetable patties (V)
Mashed potatoes (L,G)

SATURDAY
Carrot soup (V,G)
Salmon patties (L,G)
Game roast (L,G)
Meatballs & brown sauce (L,G)
Oven-roasted root vegetables (V,G)
Mashed potatoes (L,G)

SUNDAY
Carrot soup (V,G)
Salmon patties (L,G)
Game roast (L,G)
Meatballs & brown sauce (L,G)
Oven-roasted root vegetables (V,G)
Mashed potatoes (L,G

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Ranua Resort
WILD ARCTIC RESTAURANT

LUNCH

2.11.2026.-28.3.2027

Weeks 47, 49, 53 /2026 & 3, 6, 9, 12 /2027

MONDAY
Tomato-Lentil soup (V,G)
Chicken-pasta casserole (L)
Bolognese sauce (L,G)
Beetroot patties (V,G)
Mashed potatoes (L,G)

TUESDAY
Minestrone soup (V,G)
Kung Po chicken (L)
Butter tofu (V,G)
Roasted carrots (V,G)
Rice

WEDNESDAY
Corn-coconut soup (L)
White fish with tomato-mozzarella filling (L)
Falafel (V)
Roasted root vegetables (V,G)
Creamy potatoes (L,G)

THURSDAY
Cauliflower-garlic soup (V,G)
Ham casserole (L,G)
Fennel-butter bean casserole (V,G)
Oven-roasted root vegetables (V,G)

FRIDAY
Roasted parsnip soup (V,G)
Karelian Stew (L,G)
Seitan kebab (V)
Rosmary potatoes (V,G)

SATURDAY
Mushroom cream soup (V,G)
Game roast (L,G)
Soy protein balls (V)
Oven-roasted root vegetables (V,G)
Mashed potatoes (V,G)

SUNDAY
Leek-potato soup (V,G)
Stroganoff (L,G)
Vegetable balls (V,G)
Oven-roasted carrots (V,G)
Mashed potatoes (V,G)

V=vegan
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